








Biographical Information for Nominees for 2022 Leadership Positions

Nominating Committee—1 Year Term (elect 4)

<p>Kurt Longsworth</p>  <p><i>incumbent</i></p>	<p>“I have been a member for over 40 years, and currently volunteer with the Food Pantry. I retired after 30 years as a warehouse operations manager.”</p>
<p>Monique Schroeder</p> 	<p>Monique has been a member of Grace for over 30 years. She has served on council, preschool board, vacation Bible school and altar guild. She has a passion for sewing and brought the American Sewing Guild meetings to Grace. She is currently working retail while dealing with cancer, like many other women she’s talk to.</p>
<p>Marlene Hubert</p> 	<p>“As a military family we arrived in Chesapeake in 1971 and looked for a Lutheran Church. The first one we attended was Grace Lutheran and never looked any further as we were welcomed warmly by a group of friendly loving people and joined in early 1972. Although we moved out of the area a couple times returning to Grace was coming home. I served as Secretary for 4 years before computers and used a mimeograph machine to do bulletins... let me say it was challenging at times. I have served in many ways and at present am on the Altar Guild and also work in the Food Pantry, which I have done for more than 20 years. God has truly blessed me to be a part of this family of Grace.”</p>
<p>Sandra Fraenkel</p> 	<p>Sandra has been a member of Grace since 2013 and a Lutheran her whole life. Sandra and Rich met while studying at the University of Minnesota and married in 1984. She is a quilter by obsession- caught up for over 25 years with quilting madness. She has been active in many aspects of life at Grace, including the nursery ministry and planning fellowship events.</p>

Biographical Information for Nominees for 2022 Leadership Positions

Council—3 Year Term (elect 3)


<p>Tom Casey</p>  <p>Tom Casey is a man with a white beard and glasses, wearing a blue button-down shirt and a dark baseball cap with a gold emblem. He is sitting in a car, with a seatbelt visible across his chest.</p>	<p>Tom has been a member of Grace since 2018. He is retired from the Navy works in IT. Tom has been married to his wife, Janet for over 30 years and has four children and six grands. He enjoys wood working, model trains, fishing, and reading.</p>
<p>Faith Longworth</p>  <p><i>Incumbent</i></p>	<p>"I have worshipped at Grace Lutheran Church for 40 years. While dating Kurt, he invited me to attend a Sunday worship service. I remember how the congregation met me with open arms and I could feel the love of God present. At the beginning of 2018, I retired from the Federal government as a Computer Specialist. It would be an honor to serve our Lord and the congregation at Grace. I believe the Lord will always guide me, leading me on the right path, making positive decisions. I serve monthly as the Assisting Minister to Pastor Leslie during the early worship services, plan fellowship events, and volunteer as a member of the Grace Lutheran Food Pantry.</p>
<p>Beth Woodard</p>  <p>Beth Woodard is a woman with short grey hair and glasses, wearing a dark grey t-shirt. She is smiling and holding a red object, possibly a book or folder, in front of her.</p>	<p>"Well, I am a 2008 graduate of Wake Forest University School of Divinity and was ordained in 2011. I have pastored churches and been a nursing home chaplain and am now a hospice chaplain. Before returning to school I was a newspaper copy editor for 20 years. I live in Portsmouth with my husband and one of our grown sons and two dogs and an ungrateful grand-cat."</p>

Council—2 Year Term (elect 1)


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Biographical Information for Nominees for 2022 Leadership Positions


Preschool Board—3 Year Term (elect 2)

<p>Ted Van Horn</p>  <p><i>Incumbent</i></p>	<p>"I am a retired public high school teacher and administrator. I am a veteran, having served in the United States Marine Corps ten years with one tour in Vietnam. I graduated from Old Dominion University with a B.S. in History, and an MEd. in Educational Administration. I began my teaching and administrative career in 1973. I currently serve as a Chaplain with the Norfolk Police Department. My wife, Daryl Lynn and I have been married for thirty-two years."</p>

Endowment Committee (4-year term – vote for 1)

<p>La Quita Opperman</p> 	<p>I have been attending Grace Lutheran Church with my family since the early 1990s. My children attended Grace Lutheran preschool. As a member of the church, I have been the treasurer, taught the two and three-year-old Sunday school class, was the Vacation Bible School director, helped lead in Sister Sisters and was a counter. Currently I am president of the council. As a member of the church I enjoy helping and giving back.</p>
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VA Synod Assembly (1-year term – vote for 2)

<p>Sandra & Rich Fraenkel</p> 	<p>Sandra and Rich met while studying at the University of Minnesota, and married in 1984. They had two children, Rick and Rebecca, who grew up as Navy kids, moving from coast to coast. Rick is now married, with two kids of his own, lives in Port Orchard, WA, and is serving on the USS Pennsylvania Blue (SSBN 735). Rebecca is a Licensed Veterinary Technician, and lives in Chesapeake. Rich retired from active duty in the Navy in 2012 and moved to Chesapeake to continue his career as a Navy civilian. Together, Rich and Sandra have been active members of six Lutheran congregations around the country, with a one-year period worshipping with an Episcopal congregation in Rhode Island. Rich has been active in youth ministry for almost 30 years, and Sandra, a cradle Lutheran, has been active serving in varied roles at each congregation.</p>
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