

**Nurturing Faith...**  
*Every Day in Every Way*



August 1, 2021

Exodus 16:2-4, 9-15

Psalm 78:23-29

Ephesians 4:1-16

John 6:24-35



**The Living Bread**

*Object:* The Food Pyramid poster.

Have you ever seen a food pyramid poster? The food pyramid was developed to help us know what kinds of foods we should eat to help us to grow strong, healthy bodies. I have one to show you. The picture shows all of the food groups. There are grains, vegetables, fruits, milk and dairy, meat, and fats and sweets.

As you can see, the largest part of the pyramid is foods that we make from grain. What are some foods we make from grain? Let's see, there is bread, cereal, muffins, tortillas, and a lot of other good things to eat. Most of the things we make from grain not only taste good, but they are good for us too. Bread has always been considered to be one of our most important foods.

Even way back in Bible times, bread was very important to life. Do you remember the time God provided bread for the Israelites when they were starving in the desert? Every morning God sent bread from heaven for the people to eat. I'm sure you also remember the time when Jesus fed a crowd of 5000 people with just five loaves of bread and two small fish. Do you remember when Jesus taught his disciples to pray? He taught them to say, "Give us this day our daily bread." Yes, bread is, and always has been, a very important part of life.

A loaf of bread won't last forever. It gets old and stale. Not only that, but when we eat it, we are satisfied for a little while and then we are hungry again. Even though Jesus knew that bread was very important to life, he wanted something more for his children. He wanted something that would last forever. One day, as he was teaching, Jesus said, "I am the bread of life. He who comes to me will never go hungry. I am the living bread that came down from heaven. If anyone eats of this bread, he will live forever."

If we want to live, we need bread. If we want to live forever, we need Jesus -- the Bread of Life.

Gracious God, we thank you for Jesus, the Bread of Life. We pray that each one here today will take and eat so that they may live forever. Amen.

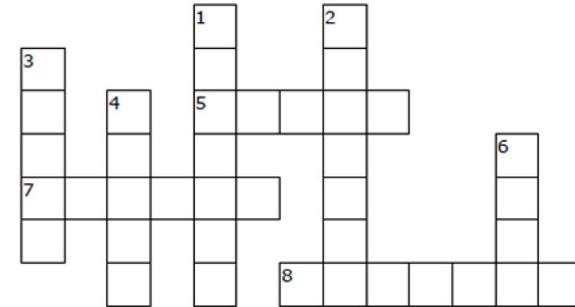
**The Living Bread**

"I am the living bread that came down from heaven. Whoever eats this bread will live forever. This bread is my flesh, which I will give for the life of the world." John 6:51 (NIV)

Puzzle is based on John 6:41-51



*"I am  
the living  
bread."*



**ACROSS**

- 5. To gain knowledge through experience or study
- 7. To make an effort to hear something; to pay attention
- 8. A person who speaks for God; Isaiah, for example

**DOWN**

- 1. To accept as true or real
- 2. For everlasting time; eternally
- 3. The earth with its inhabitants
- 4. The Son of God
- 6. To continue to be alive

LIVE	BELIEVE	FOREVER	PROPHET
LEARN	LISTEN	WORLD	JESUS

**SHARE A SNACK:** Provide children with rolls, butter, jelly, peanut butter, ham and cheese, etc to make their own BREAD snack and let children share what they know about the bread of LIFE

**Family Table Prayer for August**

God is great, God is good.  
 Let us thank God for our food.  
 By God's hands we all are fed.  
 Thank you Lord for our daily bread.  
 Amen.

**August Memory Verse**

I praise you God, for I am fearfully and wonderfully made.  
 ~ Psalm 139:14

# THE LIVING

# BREAD



I am the living bread that came down from heaven. Whoever eats this bread will live forever. This bread is my flesh, which I will give for the life of the world.”